



Lowther Endowed School Menu Week 2



**Main
choice**

*BBQ chicken served
with brown rice and
garden peas*

*Cheese and ham
quiche served with
potatoes*

*Pasta Bolognese
served with garlic
bread*

*Home baked
sausage rolls
with new pots &
baked beans*

*Crispy chicken
goujons with
oven chips*

with chef's selection of seasonal vegetables and tasty salad bar choice daily

**Vegetarian
choice**

*BBQ veg served with
brown rice and
garden peas*

*Cheese and tomato
Quiche served with
potatoes*

*Vegetable pasta
served with a
garlic slice*

*Veggie sausage
with new pots &
baked beans*

*Veggie goujons
with oven chips*



**Jacket
Potato &
Sandwich**

***Crispy jacket potato
Or a brown bread sandwich
with tuna, cheese, ham or beans available daily***

Dessert

*Chocolate ice cream
tub with selection of
fresh fruit*

*Warm Pancakes
topped with honey
& fresh fruit
selection*

Fruity flapjack

*Fruity sponge
cake*

*Home baked
milk chocolate
cookies*

Fresh fruit & yoghurts available daily

If you have any questions about food allergens, please contact us.

www.lowther.cumbria.sch.uk/menus 01931 712344 admin@lowther.cumbria.sch.uk