



Lowther Endowed School Menu Week 1



Main choice

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Fish and chips</i>	<i>Cheese burgers served with wedges</i>	<i>Pasta bolognese served with garlic bread</i>	<i>Roast of the day with all the trimmings</i>	<i>Sausage in Yorkshire pudding served with mash & gravy</i>
with chef's selection of seasonal vegetables and tasty salad bar choice daily				



Vegetarian choice

<i>Veggie goujons served with chips</i>	<i>Veggie burger served with wedges</i>	<i>Vegetable pasta bolognese served with garlic bread</i>	<i>Veggie roast with all the trimmings</i>	<i>Veggie Sausage in Yorkshire pudding served with mash & gravy</i>
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Jacket Potato & Wraps

<i>Crispy jacket potato <u>or</u> wrap with tuna, cheese, ham or beans available daily</i>				
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Dessert

<i>Toffee mousse topped with biscuit crumb</i>	<i>Chocolate orange brownie</i>	<i>Chocolate chip muffins</i>	<i>Doughnuts</i>	<i>Raspberry ripple ice cream sponge roll</i>
Fresh fruit & yoghurts available daily				

If you have any questions about food allergens, please contact us.

www.lowther.cumbria.sch.uk/menus/ 01931 712344 admin@lowther.cumbria.sch.uk